

All meals include a choice of half-pint White 1% or Choc. Skim milk

OCTOBER 2018

All Menus Subject to Change without notice

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3 B	MAPLE PANCAKE WRAP SLICED PEACHES & CRAISINS	1 B	BREAKFAST CHICKEN PATTY RICE, MIXED FRUIT ORANGE JUICE	3 B	FRUIT MUFFIN PINEAPPLE CHUNKS & GRAPE JUICE	4 B	CINNAMON ROLL PINEAPPLE CHUNKS & ORANGE WEDGES	5 B	PORTUGUESE SAUSAGE & RICE SEASONAL FRUIT APPLE JUICE
L	BREADED CHICKEN NUGGETS RICE, HOT VEGGIES BABY CARROTS PINEAPPLE CHUNKS	L	SLOPPY JOE & TATER TOTS VEGGIE STICKS APPLE WEDGES & SHORTBREAD COOKIE	L	TUNA & CHEESE SANDWICH POTATO WEDGES, HOUSE SALAD FRUIT SLUSHY	L	BREADED CHICKEN STRIPS & RICE, HOUSE SALAD MIXED FRUIT	L	HOT TURKEY SANDWICH & WHIPPED POTATO CORN ORANGE WEDGE
1 B	FALL BREAK								12 B
L									L
2 B	BAGEL, PINEAPPLE CHUNKS ORANGE JUICE	8 B	BAKED HAM & BISCUIT PEACHES & APPLE JUICE	9 B	BREAKFAST SMOOTHIE, CINNAMON TOAST, MIXED FRUIT	10 B	GREEK YOGURT, WG CHEESE TOAST, PINEAPPLE CHUNKS ORANGE JUICE	11 B	BREAKFAST QUESIDILLA, SEASONAL FRUIT & GRAPE JUICE
L	POPCORN CHICKEN & MASH BOWL HOT VEGGIES, APPLE WEDGE, FRUIT MUFFIN	L	ITALIAN CHEESE PIZZA HOUSE SALAD, BABY CARROTS, BAKED BEANS, GRAPE JUICE	L	CHICKEN PATTY ON WG BUN CURLY FRIES, LETTUCE LEAF TOMATO SLICE, SEASONAL FRUIT	L	TURKEY PASTRAMI SANDWICH HOUSE SALAD, BABY CARROT'S FRUIT COCKTAIL	L	KALUA PORK & CABBAGE RICE, LOMI TOMATO PINEAPPLE CHUNKS
3 B	BELGIAN WAFFLE MIXED FRUIT ORANGE JUICE	15 B	BREAKFAST BURRITO PINE CHUNKS GRAPE JUICE	16 B	BREAKFAST QUESIDILLA PINEAPPLE CHUNKS ORANGE WEDGES	17 B	BREAKFAST PORK PATTY W/ BISCUIT & GRAVY SLICED PEACHES & CRAISINS	18 B	PANCAKE SEASONAL FRUIT APPLE JUICE
L	CHILI FRANK & RICE HOT VEGGIES BABY CARROTS PINEAPPLE CHUNKS	L	CREOLE MACARONI WG FRENCH BREAD HOUSE SALAD FRUIT SLUSHY	L	BEEF HOT DOG, WG BUN, TATER TOTS, VEGGIE STICKS APPLE WEDGE SHORTBREAD COOKIE	L	BAKED CHICKEN PASTA W/ CORN, CARROTS & EDAMAME, BABY CARROTS ORANGE WEDGE'S & WG ROLL	L	BEEF & BREADFRUIT STEW, RICE, HOUSE SALAD, MIXED FRUIT
1 B	CRUMB CAKE, PORK LINKS MIXED FRUITS & APPLE JUICE	22 B	FRANKFURTER & RICE, PEACHES ORANGE JUICE	23 B	PEPPERONI PIZZA STIX, ORANGE WEDGES, & GRAPE JUICE	24 B	HAPPY HALLOWEEN!		
L	PEPPERONI PIZZA COLESLAW, STEAMED BROCCOLI, BABY CARROTS PEACHES	L	BREADED CHICKEN TENDERS RICE & PICKLED CABBAGE STEAMED BROCCOLI & CARROTS SEASONAL FRUIT	L	HOT DOG IN BUN, BAKED BEANS RAINBOW SALAD, FRUIT SLUSHY				

ALL STEAMED RICE IS 100% BROWN RICE
WG= WHOLE GRAIN

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"