

All meals include a choice of half-pint White 1% or Choc. Skim milk

MARCH 2019 WAIAHOLE

All Menus Subject to Change without notice

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3 B  L		B L		B  L		B L		1 NO SCHOOL L WAIVER DAY	
1 B CRUMB CAKE, PORK LINKS MIXED FRUITS & ORANGE JUICE L PEPPERONI PIZZA COLESLAW, STEAMED BROCCOLI, BABY CARROTS PEACHES	4 B FRANKFURTER & RICE, PEACHES APPLE JUICE L BREADED CHICKEN TENDERS RICE & PICKLED CABBAGE STEAMED BROCCOLI & CARROTS APPLE WEDGES	5 B BREAKFAST SMOOTHIE, CINNAMON TOAST, & APPLE WEDGES L HOT DOG IN BUN, BAKED BEANS RAINBOW SALAD, FRUIT SLUSHY	6 B PEPPERONI PIZZA STIX, ORANGE WEDGES, & GRAPE JUICE L CHILI W/CHEESE & WG ROLL POTATO WEDGE, VEGGIE STICKS ORANGE WEDGES	7 B GREEN EGGS & HAM RICE, PINE CHUNKS CRAISINS L CHOW MEIN NOODLES & EGG ROLL, HOUSE SALAD ORANGE JUICE					
2 B APPLESAUCE MUFFIN, PINE CHUNKS ORANGE JUICE L TERI CHEESE BURGER HOUSE SALAD, BABY CARROTS, BAKED BEANS, GRAPE JUICE	11 B PIZZA BAGEL, MIXED FRUIT CRAISINS L TUNA DIP & CHIPS POTATO WEDGES, LETTUCE LEAF TOMATO SLICE, ORANGE WEDGES	13 B WG PANCAKES, SEASONAL FRUIT & GRAPE JUICE L VEGETERIAN LASAGNA HOT VEGGIES, APPLE WEDGE, FRUIT MUFFIN	14 B EGGLETTE W/ WG TOAST PAPAYA/PINEAPPLE FRUIT MIX APPLE JUICE L TURKEY PASTRAMI SANDWICH HOUSE SALAD, BABY CARROTS FRUIT COCKTAIL	15 B PORTUGUESE SAUSAGE & RICE, PEACHES & ORANGE JUICE L KALUA PORK W/SPINACH RICE, LOMI TOMATO PINEAPPLE CHUNKS					
5 B L	18 B L	20 B L	21 B L	22 B L					
SPRING BREAK									
1 B BREAKFAST SLIDERS PEACHES PINEAPPLE CHUNKS L POPCORN CHICKEN & RICE RAINBOW SALAD, FRUIT SLUSHY BAKED BEANS	25 B PRINCE KUHIO DAY HOLIDAY L	27 B APPLESAUCE MUFFIN FRESH FRUIT GRAPE JUICE L CHEESEBURGER, POTATO WEDGE VEGGIE STICKS ORANGE WEDGES	28 B CINNAMON ROLL APPLE JUICE ORANGE WEDGE L CRISPY NACHOS W/ BEEF & CHEESE, HOUSE SALAD ORANGE JUICE	29 B FRIED RICE, PORTUGUESE SAUSAGE, FRESH FRUIT ORANGE JUICE L TURKEY & GRAVY W/RICE & WG ROLL, COLESLAW, STEAMED BROCCOLI, BABY CARROTS PEACHES					

ALL STEAMED RICE IS 100% BROWN RICE

WG= WHOLE GRAIN

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"