

All meals include a choice of half-pint White 1% or Choc. Skim milk

SEPTEMBER 2018

All Menus Subject to Change without notice

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2 B LABOR DAY HOLIDAY L	3	B BAGEL, PINEAPPLE CHUNKS ORANGE JUICE L TERI CHEESE BURGER HOUSE SALAD, BABY CARROTS, BAKED BEANS, GRAPE JUICE	4	B BAKED HAM & BISCUIT PEACHES & APPLE JUICE L TUNA DIP & CHIPS CURLY FRIES, LETTUCE LEAF TOMATO SLICE, SEASONAL FRUIT	5	B BREAKFAST SMOOTHIE, CINNAMON TOAST, MIXED FRUIT L TURKEY PASTRAMI SANDWICH HOUSE SALAD, BABY CARROTS FRUIT COCKTAIL	6	B GREEK YOGURT, WG CHEESE TOAST, PINE CHUNKS ORANGE JUICE L KALUA PORK W/SPINACH RICE, LOMI TOMATO PINEAPPLE CHUNKS	7
B BREAKFAST PORK PATTY W/ BISCUIT & GRAVY SLICED PEACHES & CRAISINS L CHILI FRANK & RICE HOT VEGGIES HUMMUS, BABY CARROTS PINEAPPLE CHUNKS	10	B BELGIAN WAFFLE MIXED FRUIT ORANGE JUICE L VEGETERIAN PIZZA HOUSE SALAD, MIXED FRUIT	11	B BREAKFAST QUESIDILLA PINEAPPLE CHUNKS ORANGE WEDGES L CHEESY CHILI TOTS & WG BISCUIT, VEGGIE STICKS APPLE WEDGES & SHORTBREAD COOKIE	12	B PANCAKES SEASONAL FRUIT APPLE JUICE L BBQ PORK SANDWICH OVEN FRIES, HOUSE SALAD FRUIT SLUSHY	13	B BREAKFAST BURRITO PINE CHUNKS GRAPE JUICE L OVEN BAKED CHICKEN & WHIPPED POTATO, WG ROLL CORN, ORANGE WEDGE	14
B CRUMB CAKE, TURKEY LINKS MIXED FRUITS & APPLE JUICE L POPCORN CHICKEN & RICE RAINBOW SALAD, FRUIT SLUSHY BAKED BEANS	17	B FRANKFURTER & RICE, PEACHES ORANGE JUICE L BREADED CHICKEN TENDERS RICE & PICKLED CABBAGE STEAMED BROCCOLI & CARROTS SEASONAL FRUIT	18	B BREAKFAST SMOOTHIE, CINNAMON TOAST, & APPLE WEDGES L CRISPY NACHOS W/ BEEF & CHEESE, HOUSE SALAD ORANGE JUICE	19	B PEPPERONI PIZZA STIX, ORANGE WEDGES, & GRAPE JUICE L BREADED CHICKEN NUGGET & WG ROLL, POTATO WEDGES VEGGIE STICKS SEASONAL FRUIT	20	B TURKEY HAM & CHEESE ON WG BUN, PINE CHUNKS & CRAISINS L TURKEY & GRAVY W/RICE & WG ROLL, COLESLAW, STEAMED BROCCOLI, BABY CARROTS PEACHES	21
B PIZZA BAGEL, MIXED FRUIT CRAISINS L CORN DOG HOUSE SALAD, BABY CARROTS, BAKED BEANS, GRAPE JUICE	24	B APPLESAUCE MUFFIN, PINE CHUNKS GRAPE JUICE L PASTA FLORENTINE W/ FRENCH BREAD HOUSE SALAD, BABY CARROTS FRUIT COCKTAIL	25	B PORTUGUESE SAUSAGE & RICE, PEACHES & ORANGE JUICE L TUNA DIP & CHIPS CURLY FRIES, LETTUCE LEAF TOMATO SLICE, SEASONAL FRUIT	26	B WG PANCKAKES, SEASONAL FRUIT & APPLE JUICE L BAJA FISH TACO W/ASIAN CABBAGE SLAW & GARLIC AIOLI, HOT VEGGIES, APPLE WEDGE, FRUIT MUFFIN	27	B EGGLETTE W/ WG TOAST PINEAPPLE CHUNKS GRAPE JUICE L ROAST PORK W/ GRAVY, RICE & VEGGIE JUICE, LOMI TOMATO PINEAPPLE CHUNKS	28
B L 		B L 		B L		B L			

ALL STEAMED RICE IS 100% BROWN RICE
WG= WHOLE GRAIN

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"