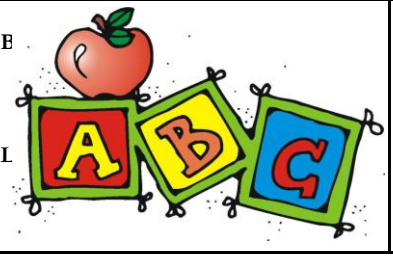
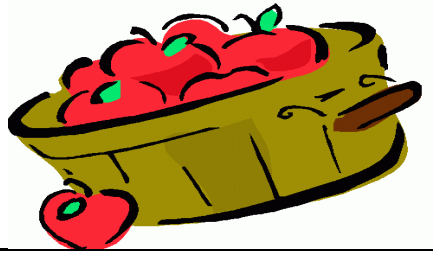
All meals include a choice of half-pint White 1% or Choc. Skim milk

September 2019

All Menus Subject to Change without notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	3	4	5	6
B **Holiday** **Labor Day**	**B** BELGIAN WAFFLE W/ SYRUP GRAPE JUCIE PEACHES	**B** MAPLE PANCAKE WRAP ORANGE WEDGE APPLE JUICE	**B** HAM LINKS, RICE MIXED FRUIT APPLE WEDGES	**B** FRUIT SMOOTHIE CINNAMON TOAST FRESH FRUIT
L	**L** PEPEPERONI PIZZA VEGGIE STICK, EDAMAME FRESH FRUIT	**L** CORN DOG, VEGGIE STICK POTATO WEDGES, ORANGE WEDGE	**L** CHICKEN TENDERS, RICE SPINACH/ROMAINE SALAD, VEGGIE STICK, PINE CHUNKS	**L** CHILI, RICE STEAMED CORN PEACHES
4 9	10	11	12	13
B CINNAMON ROLL ORANGE WEDGE APPLE JUICE	**B** TURKEY EGG SLIDERS PEACHES FRESH FRUIT	**B** APPLESAUCE MUFFIN GRAPE JUICE FRESH FRUIT	**B** FRIED RICE, PORTUGUESE SAUSAGE, ORANGE JUICE FRESH FRUIT	**B** HAM & CHEESE ROLL PINEAPPLE CUNKS APPLE WEDGE
L CHICKEN PATTY SANDWICH VEGGIE STICK, BAKED BEANS FRESH FRUIT	**L** PIG IN DA BLANKET VEGGIE STICK, POTATO WEDGES, FRUIT SLUSHY	**L** ROAST PORK, RICE HOT CORN, RAINBOW SALAD, ORANGE WEDGE	**L** BEEF STEW, RICE STEAMED CORN & BROCCOLI APPLE WEDGES	**L** KOREAN CHICKEN, RICE SPINACH & ROMAINE SALAD EDAMAME, CARROT STICKS MIXED FRUIT
5 16	17	18	19	20
B PEPPERONI PIZZA STIX PEACHES ORANGE WEDGES	**B** FRUIT MUFFIN FRESH FRUIT ORANGE JUICE	**B** HAM LINK IN BUN FRESH FRUIT APPLE JUICE	**B** PORK SAUSAGE PATTY STEAMED RICE, FRESH FRUIT PINEAPPLE CHUNKS	**B** FRIED RICE, PORTUGUESE SAUSAGE, APPLE WEDGES GRAPE JUICE
L HAMBURGER STEAK W/GRAVY STEAMED RICE, HOT CORN & CARROTS, APPLE WEDGES	**L** BBQ PORK SANDWICH POTATO WEDGES, COLESLAW PINEAPPLE CHUNKS	**L** VEGETARIAN PIZZA, SPINACH ROMAINE SALAD, VEGGIE STICK FRESH FRUIT	**L** SWEET & SOUR PORK STEAMED RICE, RAINBOW SALAD EDAMAME, GRAPE JUICE	**L** OVEN BAKED CHICKEN W/GRAVY WHIPPED POATOES, STEAMED CARROTS & EDAMAME ORANGE WEDGES
6 23	24	25	26	27
B PLAIN BAGEL W/CREAM CHEESE ORANGE WEDGES APPLE JUICE	**B** PIZZA BAGEL PEACHES APPLE WEDGES	**B** PORTUGUESE SAUSAGE RICE, APPLESAUCE FRESH FRUIT	**B** CINNAMON ROLL MIXED FRUIT FRESH FRUIT	**B** BREAKFAST CHICKEN PATTY W/GRAVY, BISCUIT, GRAPE JUICE, FRESH FRUIT
L CHICKEN PATTY W/GRAVY RICE, STEAMED BROCCOLI & CARROTS, APPLE WEDGES	**L** TERI BURGER VEGGIE STICK , POTATO WEDGES, ORANGE WEDGES	**L** CHICKEN BROCCOLI, RICE STEAMED CORN & CARROTS PEACHES	**L** SPAGHETTI W/MEAT SAUCE SPINACH/ROMAINE SALAD VEGGIE STICKS PINEAPPLE CHUNKS	**L** TURKEY PASTRAMI SANDWICH VEGGIE STICK, EDAMAME FRESH FRUIT
1 30				
B PEPPERONI PIZZA STIX ORANGE WEDGE APPLE JUICE	**B**	**B** 	**B**	
L CHEESE PIZZA, SPINACH/ ROMINE SALAD, CARROTS EDAMAME, MIXED FRUIT	**L**	**L**	**L**	

ALL STEAMED RICE IS 100% BROWN RICE
WG= WHOLE GRAIN

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"