

All meals include a choice of half-pint White 1% or Choc. Skim milk

JANUARY 2019

All Menus Subject to Change without notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 B  L</p>	<p>WINTER BREAK</p>			
<p>2 B Teacher workday No students L</p>	<p>8 B BAGEL, PINEAPPLE CHUNKS ORANGE JUICE L TERI CHEESE BURGER HOUSE SALAD, BABY CARROTS, BAKED BEANS, GRAPE JUICE</p>	<p>9 B BREAKFAST SMOOTHIE, CINNAMON TOAST, MIXED FRUIT L TUNA DIP & CHIPS CURLY FRIES, LETTUCE LEAF TOMATO SLICE, ORANGE WEDGES</p>	<p>10 B BREAKFAST QUESIDILLA, SEASONAL FRUIT GRAPE JUICE L VEGETERIAN LASAGNA HOT VEGGIES, APPLE WEDGE, FRUIT MUFFIN</p>	<p>11 B WAIVER DAY L WAIHOLE NO STUDENTS</p>
<p>3 B BELGIAN WAFFLE MIXED FRUIT ORANGE JUICE L CHILI FRANK & RICE HOT VEGGIES BAKED BEANS, BABY CARROTS PINEAPPLE CHUNKS</p>	<p>15 B BREAKFAST PORK PATTY W/ BISCUIT & GRAVY SLICED PEACHES & CRAISINS L VEGETERIAN PIZZA HOUSE SALAD, MIXED FRUIT</p>	<p>16 B BREAKFAST BURRITO PINE CHUNKS GRAPE JUICE L CHEESY CHILI TOTS & WG BISCUIT, VEGGIE STICKS APPLE WEDGES & SHORTBREAD COOKIE</p>	<p>17 B PANCAKE SEASONAL FRUIT APPLE JUICE L BBQ PORK SANDWICH POTATO WEDGES, HOUSE SALAD FRUIT SLUSHY</p>	<p>18 B BREAKFAST QUESIDILLA PINEAPPLE CHUNKS ORANGE WEDGES L OVEN BAKED CHICKEN & WHIPPED POTATO, WG ROLL CORN, ORANGE WEDGE</p>
<p>4 B Dr. Martin Luther King Jr. Day  L</p>	<p>22 B CRUMB CAKE, PORK LINKS MIXED FRUITS & APPLE JUICE L POPCORN CHICKEN & RICE RAINBOW SALAD, FRUIT SLUSHY BAKED BEANS</p>	<p>23 B FRANKFURTER & RICE, PEACHES ORANGE JUICE L BREADED CHICKEN NUGGET & WG ROLL, POTATO WEDGES VEGGIE STICKS ORANGE WEDGES</p>	<p>24 B PEPPERONI PIZZA STIX, ORANGE WEDGES, & GRAPE JUICE L CHOW MEIN NOODLES & EGG ROLL, HOUSE SALAD ORANGE JUICE</p>	<p>25 B TURKEY HAM & CHEESE ON WG BUN, PINE CHUNKS & CRAISINS L TURKEY & GRAVY W/RICE & WG ROLL, COLESLAW, STEAMED BROCCOLI, BABY CARROTS PEACHES</p>
<p>5 B PIZZA BAGEL, MIXED FRUIT CRAISINS L CORN DOG HOUSE SALAD, BABY CARROTS, BAKED BEANS, GRAPE JUICE</p>	<p>29 B PORTUGUESE SAUSAGE & RICE, PEACHES & GRAPE JUICE L CHICKEN PATTY ON WG BUN POTATO WEDGE, LETTUCE LEAF TOMATO SLICE, ORANGE WEDGES</p>	<p>30 B APPLESAUCE MUFFIN, PINE CHUNKS ORANGE JUICE L PASTA FLORENTINE W/ FRENCH BREAD HOUSE SALAD, BABY CARROTS FRUIT COCKTAIL</p>	<p>31 B WG PANCAKES, SEASONAL FRUIT & GRAPE JUICE L BAJA FISH TACO W/ASIAN CABBAGE SLAW & GARLIC AIOLI, HOT VEGGIES, APPLE WEDGE, FRUIT MUFFIN</p>	<p>6 B EGGLETTE W/ WG TOAST PINEAPPLE CHUNKS APPLE JUICE L ROAST PORK W/ GRAVY, RICE & VEGGIE JUICE, LOMI TOMATO PINEAPPLE CHUNKS</p>

ALL STEAMED RICE IS 100% BROWN RICE

WG= WHOLE GRAIN

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"